

# Eltham



## At St Vincent's Care Services, we make you the priority.

Within our welcoming community, residents enjoy the comfort and convenience of a relaxed lifestyle, just 20 kilometres north-east of Melbourne's city centre.

Our residential living facility sits amid 16 acres of tranquil, flat parklands and gardens, which are enjoyed by residents, their families and visitors. The location is also well-served by transport links and nearby shopping, entertainment and medical services.

Our focus is on providing the best balance of independence and support. Our holistic care services are delivered by friendly and committed staff and volunteers, and are complemented by well-appointed facilities and an extensive activities program.

On-site features and services include:

- Regular social events, activities, concerts and outings
- Landscaped gardens and parklands
- Spacious barbeque and entertainment area
- Library and reading room
- Various community and activity rooms
- Secure Wi-Fi internet access in common areas
- Hairdressing salon
- On-site chapel with regular Catholic mass and multi-denominational services.

We respect your unique care needs and lifestyle goals, and look forward to working closely with you to find the combination of services that's right for you.



**ST VINCENT'S  
CARE SERVICES**

A SERVICE OF ST VINCENT'S HEALTH AUSTRALIA

Residential Living | Community Living | Day Therapy Centre



## About St Vincent's Care Services

St Vincent's Care Services is a leading and trusted provider of aged care and retirement services in Queensland, New South Wales and Victoria. As part of St Vincent's Health Australia – the nation's largest Catholic health and aged care provider – our residents and clients have access to an extensive, world-class health network.

### Residential Living

Our residential living facility provides exceptional care within safe, inviting, fully serviced accommodation. Your private or shared room will include an ensuite bathroom and garden or courtyard views. Our shared rooms provide the perfect solution for couples wishing to stay together.

Additional key features include:

- Diverse care options, including low care, high care, dementia care, palliative care and respite care
- Registered nurses and carers on duty 24-hours-a-day
- Professional hotel services, including full catering, laundry and cleaning
- Extensive leisure and lifestyle program
- Well-appointed, comfortable and welcoming common areas
- Personal telephone and internet access (additional costs apply)
- Flexibility to choose your own GP and access to visiting allied health professionals.

### Community Living

Our community living services provide valuable assistance within your own home to help you maintain your lifestyle and independence. We can lend a hand with day-to-day chores, help you manage your medication, or simply share a cup of tea and an enjoyable chat. If there's a hobby or activity you're passionate about, we can help keep that passion alive.

Tell us what support you're looking for and we'll work with you to develop a customised program. Our community living team is located at our Eltham facility, with combined programs providing clients and residents with opportunities to connect and socialise.

Should the time come when you need additional care, we would be pleased to welcome you to our St Vincent's Care Services Eltham residential living community (subject to availability and care requirements).



### Day Therapy Centre

Our Day Therapy Centre is a Commonwealth Home Support Program that provides re-enablement and restorative therapies to people living in the community. Therapy services for over-65s can enhance general wellbeing, relieve stress and depression, improve circulation, and help maintain mobility.

Our services include physiotherapy, podiatry, occupational therapy, nursing services, rehabilitation of neurological and vestibular conditions, speech pathology, counselling, group exercise programs and more.

For more information, please contact our Day Therapy Centre on **03 9431 0100** or [svcs.eltham.dtc@svha.org.au](mailto:svcs.eltham.dtc@svha.org.au)



A facility of  
St Vincent's Health Australia,  
under the stewardship of  
Mary Aikenhead Ministries

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