

# Community Living

Helping you at home to maintain  
your lifestyle and independence



**ST VINCENT'S  
CARE SERVICES**

A SERVICE OF ST VINCENT'S HEALTH AUSTRALIA

# At St Vincent's Care Services, we make you the priority.

Our goal is to support you to maintain your lifestyle and stay connected to your community.

## Our community living services

Staying in the comfort and security of your own home and your local community for as long as possible is an option many cherish. Our community living services help make this a reality.

Whether it's lending a hand with day-to-day chores, organising visits to or from health professionals, or simply sharing a cup of tea and an enjoyable chat, we are here for you. We are here to make life easier for you and your family.

We take the time to get to know you, and will work closely with you and your family or carer to discuss options and develop a personalised care plan to achieve the goals you set. We respect your unique care needs and lifestyle aims, and look forward to helping you find the combination of services that's right for you.

## Funding arrangements and application process

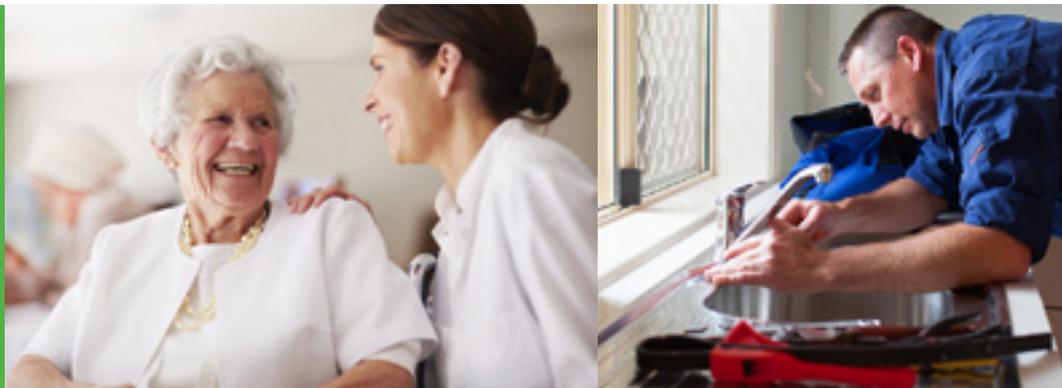
Our services are paid for privately or subsidised by the federal government. Fee structure depends on your circumstances and whether you are eligible for government support. This is determined by income and health assessments conducted by the Australian Government.

We understand the system can be complex, and are pleased to help you navigate the process to get the best outcome. Our dedicated and knowledgeable admissions team step you through organising assessments, applying for government subsidies (if available to you) and selecting the right level of service from our range of offerings — all at no cost to you.

Please contact the team at our Admissions Contact Centre on **1800 778 767** or **svcs.info@svha.org.au**.

Additional information is available through the Australian Government's My Aged Care service. Visit **www.myagedcare.gov.au** or call **1800 200 422**.

- Care and support services in your own home and community
- Choice, independence, flexibility and individual focus
- Skilled, experienced and respectful staff
- Help with navigating government funding/eligibility



## Services

### Personal care

We understand it can be challenging to ask for help with personal tasks such as showering, grooming and dressing. Our caring, qualified staff provide personal care services with dignity and respect, and support you in any way possible to maintain your confidence and independence.

### Nursing care

We help you manage various health conditions within the comfort and familiarity of your own home. Some of our most sought-after services include dressing changes, medication monitoring, mobility assistance and continence management. We also coordinate additional care services with qualified health professionals.

### Domestic assistance

Sometimes it's the smallest things that make the biggest difference. Our focus is on making your life easier by helping with day-to-day activities such as cleaning, laundry, ironing, changing sheets and grocery shopping.

### Home maintenance

Let us relieve the stress associated with home maintenance. Sit back and relax as we coordinate regular mowing and gardening, household repairs and external cleaning. We also complete in-home assessments and install mobility aides such as handrails and ramps.

## Our extended network of services and support

Should the time come when you need additional care, you will have priority access to our residential living services (subject to availability).

Services include low care, high care, specialist dementia care and palliative care, complemented by lifestyle activities and amenities.

Our residential living communities in south-east Queensland, Sydney and Melbourne are all designed with your care and comfort in mind.

You will also have access to a comprehensive health network, which includes St Vincent's Health Australia's many well-respected public and private hospitals, as well as other highly regarded hospitals and medical services located in close proximity to our communities and within the areas we serve.

## Our qualified and caring staff

Our services are founded on a long heritage of caring, and our staff live our values of compassion, justice, integrity and excellence every day. They are dedicated and skilled, and are the reason we can deliver great service and best-practice care.

All of our community living staff have extensive training, a Certificate III in Aged Care and National Criminal History clearance.

## Our locations

Our community living staff are on duty for you across locations in Brisbane, Toowoomba, Sunshine Coast, Gold Coast and Sydney.



### Transport

We help you get 'out and about' and stay mobile — whether it's to and from medical appointments, the shops, church or a social occasion. Enjoy the comfort and security of one of our air-conditioned vehicles, or if you wish to travel independently, we can set up a taxi account on your behalf.

### Social support

Companionship and community are vital for personal wellbeing. We are pleased to work with you to find activities of interest. We can also keep you company at home and connect you with local organisations or clubs. Joining in the activities offered by St Vincent's Care Services communities is another option many of our clients choose, with escorted outings to gardens, the theatre or cinema, shopping destinations and community events on offer.

### Exercise and rehabilitation

We help you maintain your fitness, or get back on your feet after surgery, illness or injury. Our staff work with you and your family or carer to develop a tailored program and coordinate specialist services such as physiotherapy, exercise physiology and occupational therapy.

### Respite care

We understand caring for a loved one can be difficult. As a carer, whether you're unwell yourself, going on a holiday or just in need of a well-earned break, our respite service provides short-term options for support and care of your loved one. You have peace of mind knowing your loved one is receiving the highest standard of care — either at home or in one of our St Vincent's Care Services communities.

# About St Vincent's Care Services

St Vincent's Care Services is a leading and trusted provider of aged care and retirement services in Queensland, New South Wales and Victoria.

As part of St Vincent's Health Australia — the nation's largest not-for-profit Catholic health and aged care provider — our residents and clients have access to an extensive, world-class health network.

St Vincent's Health Australia is a leader in clinical care, research and education, and operates an expanding portfolio of private hospitals, public hospitals, aged care services and co-located research institutes along the east coast of Australia.

## Mission

As a Catholic health care service, we bring God's love to those in need through the healing ministry of Jesus. We are especially committed to the people who are poor or vulnerable.

## Vision

We lead through research-driven, excellent and compassionate health and aged care.

## Creed

We believe in the dignity of all people because each one is created in God's image. We are committed to justice and compassionate care for all.

## Values

Compassion • Justice • Integrity • Excellence



A facility of  
St Vincent's Health Australia,  
under the stewardship of  
Mary Aikenhead Ministries

St Vincent's Care Services  
Community Living  
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Residential Living | Community Living | Independent Living