



St Vincent's Care Services **Community Living**

A message from Lara Arnott – National Community Services Manager

A great big hello to all our clients and their families.

I hope you have all enjoyed your past month and are looking forward to September! I for one cannot get over how fast this year is going, we will all be decorating our Christmas trees before we know it!

We are definitely warming up now and there seems to be more sunshine creeping in finally. We here at Community Living have been working hard to facilitate our clients getting out and involved in their local community activities. We are always on the look out for services and experiences we think you will love and benefit from. Please don't hesitate to speak to your co-ordinator if you have any suggestions.

I hope you find some interesting information in this newsletter, If there is anything in particular you would like to see more off in future editions, please speak to one of our staff about your ideas as we do love to hear them.

Wishing you all a prosperous and healthy September!

Lara Arnott
**National Community Services
Manager**



Toowoomba Carnival of Flowers

Our lucky Toowoomba clients have the Carnival of Flowers coming up from Friday 21 September to Sunday 30 September.

The community team are hoping to hire a bus and take some of their interested clients to look at the parks and gardens. There will be enough seating for 10 clients.

If you are interested, please speak with your co-ordinator.

More information about the Toowoomba Carnival of Flowers can be found here – www.tcof.com.au.



Sunshine Coast Radio Star

Sunshine Coast Community Living would like to introduce Mr Desmond Cooper as our community radio star. Des likes to co-ordinate music and runs his own radio station from home with classic music.

He compiles different genres of music so everyone will find something that they love to listen to. We would like to thank Des for donating CDs of classic music for us to enjoy in our Maroochydore Activity Centre.

Keep up the great work Des as many people find you an inspiration and love to listen to your station!



Hello to our new Senior Nurse Co-ordinator

Ellen Goring has joined the Community Living team as Senior Nurse Co-ordinator. Ellen's role sees her manage the clinical services in the Community Living areas of operation in Queensland, New South Wales and Victoria. Ellen is working towards implementing education programs on dementia and palliative care into the education schedule for the Community clinical staff.

Ellen is a familiar face to St Vincent's, having previously worked in Facility Manager and Clinical Manager roles at our Maroochydore and Mitchelton facilities, and joins the Community team in the Red Hill office in Brisbane.

I am excited to have taken up the position of Senior Nurse Co-ordinator with St Vincent's Care Services Community Living. I am looking forward to meeting all the team across the states and managing some of the clients in our care. I have started meeting some clients and have met some lovely staff.

I enjoy education particularly dementia care and palliative care and will be looking at ways in the future for implementing these programs into our calendar. Thank you to Lara Arnott and the Red Hill team for welcoming me into Community. I am really looking forward to the future. God Blessing. – Ellen Goring

Day Therapy Centre Eltham – 32 years of dedication

Leonie Morgan started work in the Day Therapy centre as an Allied Health Assistant in what was then known as the Judge Book Day Hospital in 1986. Since then, there have been many changes to the clients, management, organisation and even governments with their different plans.

Leonie has been the stable influence through all of this. She is an excellent Allied Health Assistant who has worked closely with the physiotherapists and occupational therapists to provide a quality service to our community.

Her wealth of knowledge and experience is an asset to our centre and our work. If you want a job done, we ask Leonie. Whether you need to spell a word, write a phrase correctly or even just a simple question about the computer, Leonie is your person. She teaches us about recycling, the environment and keeping it safe. She was one of the first to volunteer for the refugee program and her work with the refugees has been invaluable.

Her work with our clients is where she really shines. Leonie displays all the St Vincent's values of compassion, justice, integrity and excellence. She treats everyone with compassion and respect, her sense of justice and integrity is foremost and of course everything she does is done with excellence.

Leonie is very much loved by all of her work colleagues and clients and we would like to thank her for her 32 years of service.

Gold Coast – Tai Chi

Just a friendly reminder to our Gold Coast clients that the Tai Chi session that is held on a **Tuesday at 10.15am in the activities center.**

Tai Chi is a wonderful way to improve balance, energy and flexibility as well as being a calming and relaxing to spend your morning.

Please speak to your co-ordinator if you have any questions.

At St Vincent's Care Services, we make you the priority — and we welcome your feedback. If you have compliments or suggestions about our services, or wish to raise a concern, speak to your Community Co-ordinator, or email Community Living:

svcs.community@svha.org.au

The Australian Government's Aged Care Complaints Commissioner provides a free service for anyone wishing to raise their concerns about the quality of care or services being delivered to people receiving aged care services at a government-funded facility.

www.agedcarecomplaints.gov.au | 1800 550 552



**ST VINCENT'S
CARE SERVICES**

A SERVICE OF ST VINCENT'S HEALTH AUSTRALIA

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