



St Vincent's Care Services **Enoggera**

Message from the Facility Manager – Ingrid Herbst

From C. Louis Leipold we have this beautiful poem in Afrikaans about the month October.

“Dit is die maand Oktober! Die mooiste, mooiste maand!

Dan is die dag so helder, so groen is elke aand, so blou en sonder wolke die hemel heerlijk bo, so blomtuin vol van kleure die asvaal ou Karoo, so blomtuin vol van kleure die asvaal ou Karoo.”

This is the month October! The most beautiful, beautiful month! Then the days are so bright, so green is every night...The garden full of colour... Yes, the days are warming up and the evenings are getting longer – a very special time of year.

However, we also remember those who have recently had illnesses and are still recuperating. Our prayers are with you. We trust that the Lord will restore to you your strength and joie de vivre.

We have another very full calendar this month beginning with a public holiday to celebrate the Queen's birthday. We would like to take this opportunity to remind you that we have a

residents meeting on the second Wednesday of October followed by a planning meeting. Our weekly exercise classes using the HASfit program has taken off really well and a group of 8 to 10 residents come together. Our monthly bus trip is to Caloundra on Friday 5 October, and the October luncheon outing to the Fernygrove Tavern.

Please note that there has been a change of the days St Vincent's Care Services Community Living visits our village. Also, Kathy our hairdresser now comes on a Tuesday. Our maintenance team are still in Spring clean mode and gardens are slowly being transformed. The latest has been the roses who are in full flower with beautiful big blooms!

Ah, I love the month October! The most beautiful, beautiful month! Blessings.

Ingrid Herbst

Facility Manager
St Vincent's Care Services
Enoggera



**ST VINCENT'S
CARE SERVICES**

A SERVICE OF ST VINCENT'S HEALTH AUSTRALIA

St Vincent's Care Services Enoggera

**Facility Newsletter
October 2018**

Events enjoyed

Two lovely events in September. Our luncheon at the Hamilton Hotel (bottom left) was very pleasant with a small scenic gallop on the way home. A beautiful tea was laid on for Fr. Stephen (below right)



September birthdays

What a beautiful birthday celebration we had this month!

Featured from left to right are Joyce Riggs, Rachel Jones (who was celebrating her 90th!) and Mary Boucher. We are sorry Maria Solar could not join us to celebrate her 90th birthday as well.

How good to see so many residents come and celebrate together.



October birthdays

Happy birthday and many happy returns!

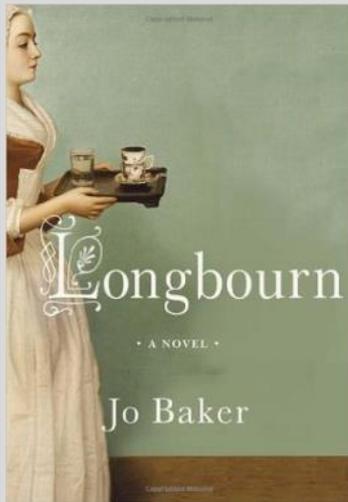
Sunday 21 October
Cleone Buckley, ILU14

Birthday blessing

“May the good Lord bless and keep you. May His face shine on you and give you His peace.”



Book club book reviews



“It should be said at once that Jo Baker’s “Longbourn” is neither a sequel nor a disappointment, it’s an affecting look at the world of “Pride and Prejudice,” but from another point of view — the servants’ hall, where other lives are simultaneously lived, with very different concerns and dramas.”

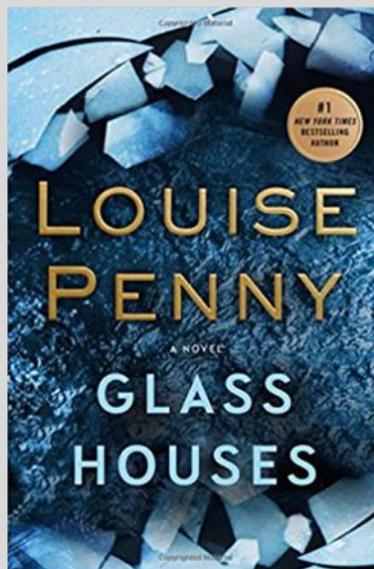
This is the latest book read by our book club. Although many books have been read over the years this one stands out as one of their favourites.

Members Josephine, Marie, Margo, Maureen, Elaine and Sr. Margaret meet once a month in the Community Centre.

Our Book Club Leader, Mary Boucher does a wonderful job choosing the books and arranging for multiple copies from the libraries for the rest of the club members.

Glasshouses by Louise Penny (right) is the current mystery novel being read and reviewed.

“All of Penny’s mysteries are infused with an idiosyncratic tone and worldview — fiercely moral though sometimes cruel and filled with poetry, eccentric characters and a reassuring sense of community. Finishing a Gamache novel always feels to me like being expelled from a somewhat more shadowy incarnation of Winnie-the-Pooh’s Hundred Acre Wood.”



Prayer

Dear loving LORD, My home needs Your peace. My family needs You. Won't You come to us? Won't You set us free?

Pour out Your love, Pour out Your Spirit, wash us clean, cover us, and protect us.

By the blood of Jesus Christ we are cleansed. From His wounds,

Mercy and peace come forth, to heal the wounds between us.

Let us respect and listen to one another. Let us love one another.

Begin with me, dear Lord. Let the change happen in me. Give me strength. Show me how to love more. Show me how to care more Show me how to forgive. Let Your Spirit change me, While You care for the others.

Let me trust in this—that they are in Your hands, Just like me.

In the Name of Jesus. Amen.

Other events and information

Coffee and Dessert Evening with Sr. Dorothy. On Wednesday 24th October starting at 5.30pm. A talk by Sr. Dorothy of her travels and mission work over the years with refugees and her work in Africa just before she came to join us here in Enoggera. Coffee and desert will be served at the end with a small presentation to be handed over to her of blankets for her new mission work with refugees here in Brisbane.

Clytie O' Sullivan from TEAM will be coming to talk to us about what Team Care coordination do. Team Care coordinators are registered nurses who have a wealth of knowledge about local public, community and private healthcare services. Their services are for free. Everyone is invited to the talk and tea and coffee will be served afterwards.

Our gardens enjoying the lovely spring rains. This always reminds Willem of a poem he learned at school. He will sit looking at the rain and recite the verses and then take a deep breath inhaling the fresh clean air.



How Beautiful is the Rain—H W Longfellow (adapted)

How beautiful is the rain!
After the dust and heat,
In the broad and fiery street,
In the narrow lane,
How beautiful is the rain!

How it clatters along the roofs,
Like the tramp of hoofs!
How it gushes and struggles out
From the throat of the overflowing spout

Across the window-pane
It pours and pours;
And swift and wide,
Like a river down the gutter roars
The rain, the welcome rain!

In the country, on every side,
Where far and wide,
Like a leopard's tawny and spotted hide
Stretches the plain,
To the dry grass and the drier grain
How welcome is the rain!

In the furrowed land
The toilsome and patient oxen stand:
Lifting the yoke-encumbered head,
With their dilated nostrils spread,
They silently inhale
The clover-scented gale,
And the vapours that arise
From the well-watered and smoking soil.
For this rest in the furrow after toil
Their large and lustrous eyes
Seem to thank the Lord,
More than man's spoken word.

Near at hand,
From under the sheltering trees,
The farmer sees
His pastures, and his fields of grain,
As they bend their tops
To the numberless beating drops
Of the incessant rain.
He counts it as no sin
That he sees therein
Only his own thrift and gain.

At St Vincent's Care Services, we make you the priority — and we welcome your feedback. If you have compliments or suggestions about our services, or wish to raise a concern, please fill out a feedback form at reception, or email the Facility Manager:
ingrid.herbst@svha.org.au

The Australian Government's Aged Care Complaints Commissioner provides a free service for anyone wishing to raise their concerns about the quality of care or services being delivered to people receiving aged care services at a government-funded facility.
www.agedcarecomplaints.gov.au | 1800 550 552