



St Vincent's Care Services **Southport**

Message from the Facility Manager – David MacDonald

The weather is getting better, the days are getting longer. It's official – Summer is coming!

We hope to get out into the courtyards and balconies more over the coming months. We have purchased additional potting benches and the colour in the Villa Courtyard is a lovely to see.

The annual staff awards night will be held in October and a number of St Vincent's Care Services Southport staff have been nominated. I will let everyone know if a Southport staff member is fortunate enough to be successful – fingers crossed!

We have continued to recruit new staff and we are orientating them to the site – please make them feel welcome.

As always, please don't hesitate to raise any questions directly with any staff member or ask to see me at any time.

Thanks

David MacDonald
Facility Manager
St Vincent's Care Services
Southport



October Lifestyle activities

Debbie Cox – Thursday 11th at 10.30am – Villa.

Mark Dean – Wednesday 17th at 1.30pm – Villa.

Trevor Rix – Tuesday 30th at 10.30am – Villa

Happy Hour – Every Wednesday at 1.30pm in Lenneberg lounge and from 2pm in Villa lounge.

Afternoon Fun Frenzy Friday – Please see your weekly calendar for details. Spa and pamper treatment in Lenneberg Level 1. Bingo in Lenneberg Level 2. Double up prizes for your weekend!

Day for Daniel Morcombe

Friday 26th we are encouraging all staff and residents to wear a red top in support for Daniel.

Bus trips

Mondays and Thursdays are our scenic ice cream bus outings. Please see a member of the Lifestyle team if you wish to attend.

Resident and Relative meeting

Wednesday 26 September at 1.30pm in Villa lounge. All are welcome. Happy hour will follow the meeting.

New to Tuesdays

Pastoral Pondering and Rhythm of the Soul with Karen in the Villa lounge at 10.30am.

Please check your activity calendar as we start to schedule the changes.

News and reminders

Hairdressing

Please let one of our friendly staff know if you would like to book in for services of Anne, our hairdresser.

Daily activity board

Please ensure you check the daily activity whiteboard every morning for your daily activity news.

Friendship Group

Lenneberg Level 2 dinning room from 10am every Wednesday.

Chemicals

Friendly reminder no chemicals are to brought into the facility please. Please see one of our housekeeping team.

Resident's BBQ Lunch

Friday 19 October we will be having a residents BBQ in the Villa courtyard. We look forward to you joining us in the Villa courtyard from 12 noon.

Walk, Coffee and chat outings

Below are some of our residents enjoying a break in the park as we head off for some cappuccinos. During October, Pastoral Care and Lifestyle have arranged this activities for Friday 5th and Friday 26th. We look forward to our next adventure with you!



Australia Post pre-Christmas shopping

Everything you need under one roof and you don't have to visit the shops!

Wednesday 31 October at 10am to 12pm in the library.

All are welcome.

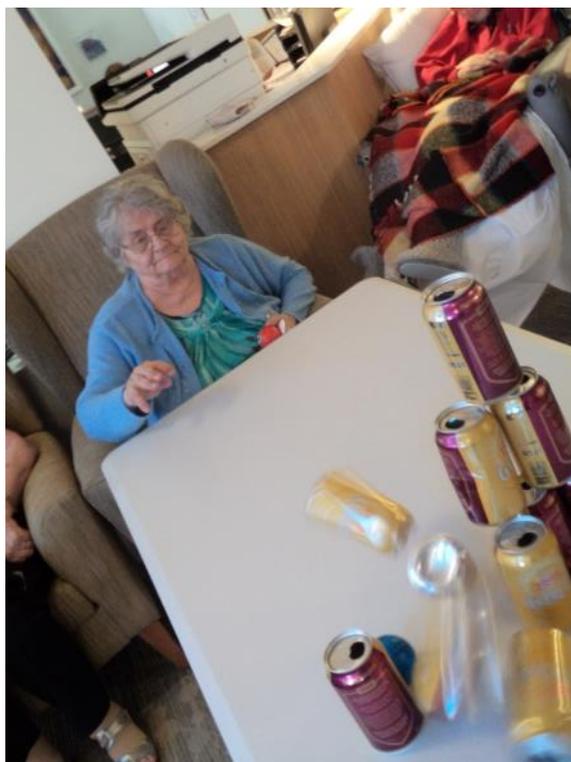
Gold Coast show day at St Vincent's Care Services Southport

On Friday 31 August, the Gold Coast closed down for the public holiday and at St Vincent's Care Services Southport, we held our very own show day! Kathy, a member of the Lifestyle team, came to work dressed as Kathy the clown to celebrate with all our residents.

Show day games were had in the Villa lounge:

- Knock down the cans.
- Bean bag toss into clowns mouth
- Clown jokes and laughter
- Lolly bags and photos for all.

The residents really enjoyed the day. Thank you to some special carers for assisting during the morning and taking lots of memorable photos.



October Birthdays

Tuesday 2nd – Ian Miller

Saturday 6th – Pat H

Wednesday 10th – Yvonne C

Saturday 13th – Georgie R

Wednesday 24th – Ted R

Wishing you all a very happy birthday!

Pastoral Pondering with Karen Pels

I am reminded daily of the Holy Spirit as it enfolds and embraces us through our trials and tribulations. Everyday this intense, yet gentle gift of God's love strikes in the most unexpected ways. When witnessed, I understand its power.

We as a team at Southport have the great privilege of witnessing this love as it reaches out to those who have withstood the test of time, who continue to show their courage and strength, as every day becomes a challenge. Hearts are continually being set on fire as love never dies. The trials and tribulations that our residents and families face every day are transformed by the power of this love.

It is like looking upon a multifaceted mirror, displaying and reflecting colours that only the beholder can see. I am constantly mesmerised. To experience such love is to no God. A simple glance, a simple touch between two people is all it takes, knowing that it will be OK, even though they still face challenges daily.

God is the love and light in our darkness. God is the mystery that calls us home, to love.

R U OK Day? 2018

Staff brunch was held in the Villa courtyard in support of our staff, residents and visitors of this national day.



St Vincent's Care Services
is now on **Facebook!**

 @StVincentsCareServices



**ST VINCENT'S
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A SERVICE OF ST VINCENT'S HEALTH AUSTRALIA

1800 778 767 www.svcs.org.au

At St Vincent's Care Services, we make you the priority — and we welcome your feedback. If you have compliments or suggestions about our services, or wish to raise a concern, please fill out a feedback form at reception, or email the Facility Manager:

david.macdonald@svha.org.au

The Australian Government's Aged Care Complaints Commissioner provides a free service for anyone wishing to raise their concerns about the quality of care or services being delivered to people receiving aged care services at a government-funded facility.

www.agedcarecomplaints.gov.au | 1800 550 552

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Phone: 07 5532 0466

Email: svcs.southport@svha.org.au

Website: www.svcs.org.au