

# DINING AT ST VINCENT'S

Residents are spoilt for choice with our freshly cooked and nutritionally balanced menus.



MEAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Breakfast</b>							
Breakfast	Pancakes with Maple Syrup Berries & cream	Sauté Mushrooms	Bacon	Veal & Pork Chipolata	Baked Beans	Hash Brown	Bacon
	Bacon	Hash Brown	Grilled Tomato	Spaghetti	Potato Rosti	Sauté Mushrooms	Scrambled Eggs
	Omelette	Parsley Scrambled Egg	Scrambled Eggs	Poached Eggs	Scrambled Eggs	Ham & Cheese Omelette	Grilled Tomato
<b>Lunch</b>							
Entrée	Prawn Cutlets with remoulade	Roma tomato bruschetta	Mushroom Arancini	Chicken & Vegetable Soup	Mezza plate	Salt & Pepper Squid with aioli	Crumb Camembert with Cranberry relish
Main	Beef & Tomato Sausage	Crunchie Crumbed Fish/Seafood Basket	Creamy Braised Mustard Steak	Roast Chicken Cutlets	Harissa Baked Barramundi	Chicken & Tarragon Rissoles	Roast Leg of Lamb
Alternate	Creamy Chicken Pot Pie	Sweet Lamb Curry	Italian Pork Ragout	Lamb & Cinnamon casserole	Braised Pork ragout	Cottage Pie	Winter Beef Hot Pot
Soup	Pea & ham	Italian Bean	Creamy Tomato	Country Pumpkin	Carrot & Dill	Potato	Creamy Winter vegetable & Lentil
Vegetarian	Creamy Vegetable Pot Pie	Lentil Burger	Creamy Mustard Schnitzel	Ravioli with Italian Sc	Vegetarian Schnitzel	Soy Bites	Cheesy Vegetable Pattie
Lunch Sweets	Creamed Rice & Stewed Apples	Lemon Cheesecake	Pannacotta & Rhubarb	Marmalade Pudding	Apple Blackberry Crumble	Poached Pears & Custard	Baked Custard
Custard, Ice Cream, Jelly & Tinned Fruit is available as an alternative or Additional Sweet							
<b>Dinner</b>							
Hot Serve	Spinach & Ricotta Ravioli Boscaiola	Spinach & Fetta Omelette	Chicken Souvlaki Kebab	Ham & Cheese Croissant	Nachos with all the trimmings	Baby Bangers & Mash	Curry Prawns and Rice
Vegetarian	Sandwiches	Sandwiches	Sandwiches	Sandwiches	Sandwiches	Sandwiches	Sandwiches
Alternate	Spinach & Ricotta Ravioli	Vegetable Cottage Pie	Crispy Strips	Cheese Croissant	Sandwiches	Falafels	Curry Vegetables & Rice
Evening Salad also includes Lettuce, Tomato, Beetroot, Pineapple, Cheese, boiled egg, grated carrot, sliced red & green capsicum, sliced red onion							
Custard, Ice Cream, Jelly & Tinned Fruit is available as an additional Sweet							
Tea cake is offered at Morning or Afternoon Tea and at alternate PC biscuits, Cheese & crackers and fresh fruit are offered							
Beverage Service	Beverages are provided at each meal service, this includes tea, coffee, water, juices, milk-based drinks as well as beer, wine and softdrink						

Please note this is an example of our week 1 Premium menu. Menus work on a 4-week rotation and change with each season.



ST VINCENT'S CARE

1800 778 767 | [Q St Vincent's Aged Care](#)